

14 February 2018

Pop-up Doctors Check Springfield's Health

Queenslanders' reluctance to regularly see their GP has prompted AMA Queensland to return to market at Springfield.

AMA Queensland will be back at Springfield Markets on 2 March with its mobile *Health Hub*: local GPs and specialists will hold the popular pop-up clinic to offer free health checks and advice on early signs of ill health.

AMA Queensland's Health Hubs are regularly held across the state to raise awareness of the importance of undergoing regular health checks with a GP.

AMA Queensland President Dr Bill Boyd revealed nearly two-thirds of men and more than half of women aged 15 – 64 visited their GP only a few times a year, or lessⁱ, and 20 per cent of Queenslanders didn't get to their GP every yearⁱⁱ, running the risk of undiagnosed health problems.

"Women are more likely than men to avoid or delay seeing their GP when they need to," Dr Boyd said. "Life gets busy and we tend to ignore things until they become urgent. Unfortunately, when it comes to our health, that can mean more treatment and recovery time."

Dr Bill Boyd, local doctors and specialists will be on hand to carry out free health checks – including blood pressure, blood sugar and BMI, lung function and eye tests.

HEALTH HUB DETAILS

- WHAT:** AMA Queensland Health Hub
- WHEN:** 3pm – 8pm, Friday 2 March 2018
- WHERE:** Springfield Markets, 1 Education City Drive, Springfield Central.
- CONTACT:** Tammy Shipperley, Sequel PR - 0403 090 911 or 07 3251 8111;
Chiara Lesèvre, AMA Queensland - 0419 735 641.

ⁱ<http://www.abs.gov.au/ausstats/abs@.nsf/Latestproducts/4343.0Main%20Features32016?opendocument&tabname=Summary&prodno=4343.0&issue=2016&num=&view>

ⁱⁱ <http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/4839.0main+features32012-13>